

PATIENT			PHYSICIAN		
Name - Address Phone: _____ Cell.: _____ Date of birth: _____			Name Licence number ID# Signature required: _____ prescribed on: _____		
PROFILES		BIOCHEMISTRY	MICROBIOLOGY		
☐ Profile 1** (CBC, Biochemistry and Lipid panels, urinalysis) ☐ with sedimentation ☐ with HbA1c ☐ with AST, Urea, LDH ☐ Profile 2** (CBC, Biochemistry panel, urinalysis) ☐ with sedimentation ☐ with AST, Urea, LDH ☐ Biochemistry Profile** Albumin ALP ALT K – potassium Chloride Phosphate Creatinine GGT Glucose Calcium Na – sodium Total bilirubin Total protein Triglycerides Uric acid Cholesterol ☐ with HbA1c ☐ with AST, Urea, LDH ☐ Biochemistry + Lipid Profile** ☐ with HbA1c ☐ with AST, Urea, LDH		☐ Albumin ☐ ALP ☐ ALT ☐ Amylase ☐ Apo A ☐ Apo B ☐ AST ☐ β-hCG (blood-quant) ☐ Bilirubin (total) ☐ Bilirubin (direct) ☐ Bioav. testosterone ☐ Calcium ☐ CA125 ☐ CEA ☐ Cholesterol (total) ☐ CK ☐ CO2 ☐ Creatinine (eGFR) ☐ CTX (Serum telopeptides) * ☐ Estradiol ☐ Ferritin ☐ Folic acid ☐ Free T3 ☐ Free T4 ☐ Fructosamine ☐ FSH / LH ☐ GGT ☐ Glucose * ☐ Glucose 1h post 50g *▼ ☐ Glucose 2h post 75g * ☐ Glucose 1h PC ☐ Glucose 2h PC ☐ Hb A1c ☐ Homocysteine ☐ hsCRP ☐ Iron ☐ K - potassium ☐ LDH ☐ Lipase ☐ Lithium ☐ Magnesium ☐ Na - sodium ☐ NT-proBNP ☐ OGTT 2h post 75g * ☐ Phosphate ☐ Prolactin ☐ Protein (Total) ☐ Protein electrophoresis ☐ PSA ☐ PSA cascade (Free PSA if total PSA > 2.0) ☐ Thyroid antibodies ☐ Testosterone (total) ☐ Transglutaminase + IgA ☐ Triglycerides ** ☐ Uric acid ☐ Urea ☐ Vitamin B12 ☐ Vitamin D (25-hydroxy)	☐ Microbiological stool analysis by PCR (Enteric pathogens multiplex) ☐ Stool culture x _____ ☐ Ova and parasites x _____ ☐ Bacteriology throat by PCR (replaces throat culture) ☐ Chlam. / Gonorr. (urine) PCR ☐ Ch lam. / Gonorr. genital PCR (♀) ☐ Culture _____ ☐ Gonorrhea Culture ☐ Helicobacter pylori (breath)**** ☐ Helicobacter pylori serology ☐ HIV ☐ Influenza A/B and RSV ☐ Rubella IgG (serodiagnostic) ☐ Screening STIs - Urine (♀) (♂) (Chlam. / Gonorr., Hepatitis B, Syphilis, HIV) ☐ Screening STIs - Genital (♀) (Chlam. / Gonorr., Hepatitis B, Syphilis, HIV) ☐ Strepto (Direct) ☐ Strepto B vaginal-anal ☐ Urine culture ☐ Vagina secretion culture		
PANELS		GYNECOLOGY			
☐ Lipid** (Total cholesterol, triglycerides, HDL, LDL, ApoB) ☐ Electrolyte (Na, K, Cl) ☐ Cardiovascular Age** Blood pressure Creatinine HbA1c Height HsCRP Lipid profile Microalbuminuria (spot) Random Glucose Waist circumference Weight ☐ Iron (Serum iron, transferrin, % sat., ferritin) ☐ Liver function (Albumin, ALP, ALT, AST, GGT, LDH, Total bilirubin) ☐ Rheumatoid (ANA, hsCRP, protein electrophoresis, RA test) ☐ Thyroid cascade (TSH, Free T4 if abnormal TSH; Free T3 if low TSH and normal Free T4)		☐ Specific request form to be completed ☐ HPV-DNA ☐ Liquid based Cytology reflex testing ☐ Liquid based cytology ☐ SPERMOGRAM ☐ Post-vasectomy Spermogram ☐ SEROLOGY ☐ ASO titer ☐ Herpes type 1 & 2 ☐ Parvovirus B-19 IgG ☐ Parvovirus B-19 IgM ☐ Rheumatoid factor ☐ Toxoplasma IgG ☐ Toxoplasma IgM ☐ VDRL ☐ HEPATITIS ☐ Anti HBs ☐ Anti HCV (Hepatitis C) ☐ HAV IgM (Hepatitis A) ☐ HAV total (Hepatitis A) ☐ HBsAg ☐ URINE - STOOL ☐ Calprotectin ☐ Creatinine clearance *** ☐ FIT (FOBT) x1 ☐ FIT (FOBT) x2 ☐ Microalbuminuria *** ☐ Microalbuminuria (spot) ☐ Urinalysis			
OTHER ANALYSIS					
☐ EKG with interpretation ☐ Spirometry pre/post drug Clinical information : ☐ Methacholine challenge ☐ Dynamic EKG ☐ Spirometry (basic) ☐ AMBP ☐ ABI					
MEDICAL GENETICS					
☐ Genetic counselling and/or genetic testing for cancer ☐ Genetic counselling and/or genetic testing for rare diseases ☐ Genetic counselling and/or genetic testing for _____					
PHARMACOGENETICS					
☐ Mental Health ☐ Pain					
REMARKS					
Legend					
* 8 hour fast, water permitted		***24 hour urine collection		▼ If gestational, no fasting required	
12 hour fast Water permitted, no alcohol for 24 hours before fast		**3 hour fast Without drinking			